

令和4年10月3日

教職員・学生の皆さん

ご存じの様にコロナ感染症の対応が、令和4年9月22日から変更されました。大きな変更は幼稚園、学校、一般事業所(大学を含む)において濃厚接触者を断定しないこととなった点です。また、宮崎県でも、一部対応が変更になっています。大学では、これまで通り、検温、マスク着用、手の消毒、対面食事の禁止、は継続いたしますので、順守してください。公欠扱いにつきましては、自分自身が感染した場合には陽性の証明になるもの、家族内での濃厚接触者になった場合には家族内陽性者の証明になるものの提出が必要です。家庭外での濃厚接触の可能性(下記3)の場合には、学部長(あるいは事務局長)へ相談してください。その上で対応を決定します。

以下を必ず読んでください。

1. 無症状で、「もしかしたら感染してたかも」と不安を抱える宮崎県内の学生、教職員、家族の方は、以下の無料PCR,もしくは抗原検査が受けられます。但し、濃厚接触者は対象外です。

無料検査所案内サイト:

<https://www.pref.miyazaki.lg.jp/covid-19/kenmin/20211221130411.html>

2. もし、無料センターでの結果が陽性の人、あるいは自分で準備した抗原検査キットで陽性になった人、あるいは、症状が出て65歳未満で基礎疾患が無い人は、宮崎県陽性者登録センター(0570-089-050)へ問い合わせてください。サイトもあります。

3. 濃厚接触者になった場合

患者の発症2日前から、以下の様に接触した方は濃厚接触者と断定されますが、届け出の必要はありません。また、原則保健所での検査は実施されません。とにかく自宅待機です。濃厚接触者は、検査結果が陽性、陰性に関わらず、最終接触日から5日間は自宅待機、7日間は健康観察が必要となっています。但し、接触から2,3日目の抗原抗体検査で陰性の場合には3日目から解除ですが、あまり、短縮効果はないので、原則自宅待機をしてください。但し、自宅待機期間中に発熱や咳等の風邪症状が生じた場合は、かかりつけ医等を事前電話連絡のうえ、受診してください

- ア) 患者と同居もしくは長時間接触した者
- イ) 患者を適切な防御なしに介護した者
- ウ) 患者の起動分泌液や体液に直接接触したもの
- エ) 手の触れることのできる距離(約1m)内でマスクなど無しに15分間以上接触があったもの。

事務局長 河野 豪

Dear Students, Faculty and Staff,

As you may be aware, the guidelines regarding COVID-19 infection was changed on 22 September 2022. It included a major change that it is no longer possible to declare a close-contact person in kindergartens, schools and business establishments (including universities). In Miyazaki Prefecture also, some of the guidelines have changed. At MIC, we will continue to take temperature measurement, wear masks, sanitise hands and prohibit eating face-to-face. I ask you all to please comply with these measures.

Regarding absences that can be considered as "excused absences", you must provide evidence of yourself testing positive in the case of yourself getting infected or your family member testing positive if you become a close contact within the family. In the case of potential close contact outside the family (see 3 below), please consult the Dean (or Mr. Kawano, the Director of Administration). Suitable handling of the situation will then be determined.

Please read below.

1. Students, staff and family members in Miyazaki Prefecture who are asymptomatic but who are concerned that they may have been infected can receive free PCR or antigen test as indicated at the URL below. Please note that people who are identified as close contacts are not eligible for these free tests.

Free Testing Site Information Page:

<https://www.pref.miyazaki.lg.jp/covid-19/kenmin/20211221130411.html>

2. If you have tested positive at a free testing site or from an antigen test performed by yourself, or if you have symptoms and are under 65 years old and have no underlying medical condition, contact the **Miyazaki Prefecture Registration Centre for Positively-Tested (0570-089-050)**. There is a website also.

3. If you have been identified as a close contact  
People who have been in contact with a positively tested person for two days

prior to the onset of the illness as follows are identified as close contacts, but these people do not have to notify the authorities. Moreover, no tests are performed on these people at health centres as a basic rule. They are to stay at home. Regardless of whether the test result is positive or negative, close contact must stay at home for five days after the last contact date and be under health observation for seven days. However, if the antigen-antibody test result is negative on the second or third day after contact, the rule is lifted from the third day, but as the shortening effect is not so significant, I would ask these people to remain at home, as a basic rule. If you develop cold symptoms such as fever or cough during the home-stay period, please contact your family doctor and go see the doctor.

- a) if you are living or have been in contact for a prolonged period with a positively-tested.
- b) if you have cared for a positively-tested without adequate protection.
- c) if you have been in direct contact with start-up secretions or body fluids of a positively-tested.
- d) if you had contact with a positively-tested for more than 15 minutes without a mask or other protection and was within arm's reach (distance of approx. 1 m) .

Tsuyoshi Kawano

Director of Administration

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